

## Self-Support Meetings of Hope

Alternative Perceptions meetings are self-directed, self-designed social environments of hope for persons who see, sense, hear, and feel unusual, spiritual or, extreme experiences.

Alternative Perceptions Closed In Person Meetings are held Thursdays 12:00 pm - 1:30 pm Always contact Eric for In Person Meeting Confirmation and Meeting Location before attending: 484.983.4379

Alternative Perceptions Closed Online Meetings are held Tuesdays 3:30 pm - 4:30 pm

## NOW MEETING on ZOOM Starting March 5, 2024

Please join our ZOOM meeting from your computer, tablet or smartphone.

https://us06web.zoom.us/j/87175006059?pwd=WG3030MPY24WBAyAeQ8UWGDEj5eQxY.1

Meeting ID: 871 7500 6059 Passcode: 420549

You can also dial in using your phone. +1 646 558 8656 US Meeting ID: 871 7500 6059 Passcode: 420549

We extend a warm welcome from our Closed-Meetings to New Self-identifying Members.

Supported by
Department of Human Services
Office of Mental Health



Meet Like-Minded People
Accept/Enjoy Yourself
Choose Your Safety Level

Together, We Changed
Our Minds!



Own Your Power
Get/Give Support
Set/Acheive Your Goals

For more information contact Eric Ayers at: email: AyersE@delcohsa.org cell: 484.983.4379

County of Delaware Office of Mental Health, 20 S. 69th Street, Upper Darby, PA 19082 www.delcohsa.org

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